



SCHOOL EXCURSION / INCURSION NOTIFICATION

Dear Parent/Caregiver, an excursion/activity has been organised for your child.

Excursion / Incursion	Teen Mental Health First Aid
Date	Friday 1st December 2023, Monday 4th December 2023, Thursday 7th December 2023
Year / classes involved	Selected Students across years 7-9.
Location	Greystanes High School - INDOORS
Purpose	The Teen MHFA course teaches high school students how to provide mental health first aid to their friends. Adolescence is a time when mental health and well-being issues can first emerge. That's where Mental Health First Aid training can help. With a focus on improved mental health literacy and early intervention, the peer-to-peer. The course equips teenagers with the skills to recognise and respond to a friend who may be experiencing a mental health problem or crisis situation. Using a practical, evidence-based action plan, the Teen MHFA course helps build the confidence needed to support a friend until appropriate professional help is received or the crisis resolves.
Start time	10:10am
End time	11:25am
Transport	N/A
Cost	No cost
Dress requirements	Full school uniform
Food	N/A
Equipment	N/A
Organising teacher	Lisa Yalda
Teachers attending	Lisa Yalda
Additional information	N/A
Emergency Contact Number	02 9631 9144
Consent Form and Payment due to Office by	Thursday 30th November 2023

General Information Concerning Excursions / Incursions

1. Excursions and Incursions form an integral part of the curricula by providing enriching experiences which cannot be provided in the classroom.
2. Students must wear full school uniform unless otherwise instructed above. Students who are not in uniform will not be allowed to attend.
3. A standard of behaviour is expected of all students representing the school in the greater community.
4. Please note the time and place of departure and return, as advised above.



EXCURSION / INCURSION PERMISSION FORM

Please return this permission form to the Office

Excursion / Incursion	Teen Mental Health First Aid
Date	Friday 01/12/2023 10:10am - 11:25am, Monday 04/12/2023 10:10am - 11:25am, Thursday 07/12/2023 10:10am - 11:25am
Location	Greystanes High School - INDOORS
Cost	No cost
Organising Teacher	Lisa Yalda

I give permission for (student name) _____

of year/class _____ to participate in this excursion / incursion.

I have noted the start and end times and dress requirements.

Additional needs of my child of which you should be aware: eg. allergies or medical conditions

Medical Assistance: In the event of any accident or illness, I authorise the teacher in charge to seek medical assistance or treatment for my child at my cost.

Parent signature: _____

Parent name: _____

Parent phone number: _____

Emergency Contact Name: _____

Emergency Contact Number: _____

Parent/Carer Acknowledgement:

• I can confirm that I understand that, in the event of injury, no personal injury insurance cover is provided by the NSW Department of Education for students in relation to school activities.

• In the event of any accident or illness, I authorise the obtaining, on my behalf, of an ambulance and any such medical assistance that my child/ward may require. I accept full responsibility for expenses incurred.

Student Name: _____

Parent Name: _____

Parent Signature: _____

Date: _____

- **Please return this consent form to the Office**
- **Tear off and keep previous page for your information**